

This Week at Saint James Parish

Sunday, February 14

The Vietnamese families are serving coffee and donuts this morning. Join us in the lower hall after the morning Masses.

Religious Education Classes, including Adult Confirmation Preparation — Upper Hall after the 11 am Mass

Monday, February 15: Presidents' Day **The Parish Office will be closed**

Tuesday, February 16

Shrove Tuesday Supper, Raffle & Bingo — 5 pm to 7 pm, Lower and Upper Halls

Wednesday, February 17: Ash Wednesday

Mass times: 12:10 pm & 7 pm

Tai Chi Class — 1 pm, Upper Hall

Thursday, February 18

RCIA — 7 pm, Upper Hall

Friday, February 19

Church Cleaning — 7:30 am, Church

Saturday, February 20

Reconciliation — 3:30 pm, Church

What's happening at St. James

Today's Special Collection: Seton Catholic High School Appeal

Seton Catholic High School is enjoying a successful first year. We have 40 students, a great faculty, and a wonderful facility. We sustain high academic standards, a vibrant campus ministry with weekly masses, active leadership programs, and many school activities including formal athletic programs for boys and girls. This would not be possible without the prayers and support of so many people in our local Catholic community.

This year we are holding an appeal asking for your support. A second collection will be held this weekend. Funds raised through this appeal will support ongoing start-up and operating expenses as we build to full enrollment over the next two years. For more information on our school or to arrange a tour, please visit our website at www.SetonHigh.org or call us at 360-258-1932.

Last call for Adult Confirmation

Any adults who have not yet received the Sacrament of Confirmation are invited to participate in our set of preparation classes. The classes will begin Sunday, February 14th. They will be held immediately after the 11:00 Mass and last about an hour (12:10—1:10). The Confirmation will take place at the Easter Vigil Mass on April 11th. If you are interested, come to our first class.

Tet: Vietnamese New Year

In celebration of their new year, the Vietnamese community of our parish will have their Mass this Sunday, February 14th, at 2 pm, followed by a reception in the hall.

Shrove Tuesday Supper, Raffle & Bingo

Come to the Ham & Pancake Supper this Tuesday, February 16th, from 5 to 7 pm. The cost is \$5—adults, \$2.50—children and \$13—family. Remember to send in your raffle tickets. This year the first prize is \$300.

Soup Supper and Lenten Series

Mark your calendars for Wednesdays during Lent. We will continue our tradition of Soup Suppers, which will begin at 6 pm in the Lower Hall. Each week you can try out the wonderful soups that are provided by our parish groups. Our Lenten Series will begin at 7 pm in the Upper Hall (more details to follow in next week's bulletin).

St. James Blood Drive — Thank You

We would like to thank all of you who participated!

*Congratulations
Laura Baus and
Gregory Kallas*

*Married here on February 6, 2010
May God bless your new life together*



*Congratulations & Welcome to those
Baptized here on February 7, 2010:*

*Henrietta Alegarbes,
Abigail DeLargy, Amelia Gorretta,
Lianna & Lariah Uncangco*



MASS INTENTIONS

**PRINTED IN OUR
PAPER BULLETIN**

Offerings of Treasure for February 7th

Regular Offering	_____	\$8,863.4
Capital Campaign	_____	\$2,423.67
St. Vincent de Paul	_____	\$1098.00

Thank you for your generosity!



Ash Wednesday is this Wednesday, February 17th. Masses are at 12:10 pm and 7:00 pm. Ashes will be distributed during both Masses. It is not a Holy Day of Obligation, but it is a day of fasting and abstinence.

Lenten Fast & Abstinence Laws

ABSTINENCE: All persons 14 and older are bound by the Law of Abstinence on Ash Wednesday and all the Fridays of Lent. This means NO meat on those days.

FASTING: All those 18 but not yet 59 are bound by the Law of Fast. Ash Wednesday and Good Friday are the two required days of Lenten Fast. To fast means to eat only one full meal on that day with two smaller meals (which added together do not exceed a full meal) and NO snacking in between.

Adult Faith Formation

Significance of Ash Wednesday

Since the Middle Ages at least, the Church has used ashes to mark the beginning of the penitential season of Lent, when we remember our mortality and mourn for our sins. In our liturgy for Ash Wednesday, we use ashes made from the burned palm branches distributed on the Palm Sunday of the previous year.

As we begin this holy season of Lent in preparation for Easter, we must remember the significance of the ashes we have received: We mourn and do penance for our sins. We again convert our hearts to the Lord, who suffered, died and rose for our salvation. We renew the promises made at our baptism, when we died to an old life and rose to a new life with Christ. Finally, mindful that the kingdom of this world passes away, we strive to live the kingdom of God now and look forward to its fulfillment in Heaven. In essence, we die to ourselves, and rise to a new life in Christ.

By Fr. William Saunders



***The Catholic Northwest Progress
Subscription Drive***

Next weekend parishioners will be invited to subscribe to the newspaper of the Archdiocese of Seattle. During the "Progress Sunday" weekend \$10 of each subscription will be donated back to our parish. For more information call 206-382-7313, or e-mail circulation@seattlearch.org.

COMMUNITY UPDATE

***Rachel's Vineyard
Retreat***

*February 19 to 21
in Longbranch, WA*

When you have experienced an abortion, you need a time to grieve your loss and reflect on your feelings of sorrow and regret. Project Rachel is there to help you do that in a supportive and confidential environment. They are there to listen to you and to help you through your pain. This program of the Catholic Church offers healing to anyone suffering emotional and spiritual pain resulting from a past abortion. Contact (always completely confidential): Valerie — 1-800-822-HOPE (4673), Español — 206-450-7814, e-mail: valeriepr@aol.com.



40 Days for Life

February 18 to March 31

40 days for Life is an opportunity to pray for the women and children victims of abortion at Planned Parenthood in Vancouver (5500 NE 109th Ct.) from Feb. 18th through March 31st, 8:00 am to 3:00 pm. We have hosts for each day of the week Monday through Saturday. Please join us if you can. Information contact: Jerry Ross 360-673-2376.

Seniors Luncheon

February 16th (Third Tuesday of the month)
Our Lady of Lourdes Parish, 4723 NE Franklin St.
The lunch begins at 12 noon and costs \$4.

***Adapted Mass for
People with Disabilities***

*Holy Redeemer Church, 17010 NE 9th St
Saturday, February 20th, 10:30 a.m.*

All those with disabilities, as well their friends and families are invited to celebrate an adapted liturgy with Fr. Richard Berg, c.s.c. presiding. There is ample opportunity for spiritual and emotional support during hospitality time following the Mass. Contact information: Mary Sutter @ 360-892-0951, e-mail: sutt4@aol.com.